

# COCONUT *Whispers* SPA



Our relaxing and rejuvenating spa retreat starts with the natural elements derived from the coconut and other native and abundant fruits of the Samaná Peninsula region.

## Special Rituals

### MANGROVE'S DEW 100 mins.

Mega Treatment consisting in 3 parts: Mud wrap, corporal massage and coconut milk bath.

### COCONUT WHISPERS 80 mins.

Our most sacred ritual under the Vichy shower that strengthens and moisturizes your body.

### HIDE AND SEEK 70 mins

Inside the Temazcal. A steam bath mix of sea water, herbs and flower essences followed by a massage using indigenous techniques. Helps clear the airways and release impurities.

### TAINO BATH 50 mins.

Ancestral technique of body cleansing inside the Temazcal with healing herbs. Deep energy bath, a hair treatment with a scalp massage and an exfoliation to relieve stress and fatigue.



## Massages

### DEEP BLUE 30, 50 & 80 mins.

Deep tissue Massage designed to relax tense muscles, tendons and ligaments.

### HOLISTIC CARIBBEAN 30, 50 & 80 mins.

Combination of relaxing and energizing techniques using a mix of essential herbs and citric oils.

### ENERGIZING BLUE SEA 60 & 80 mins.

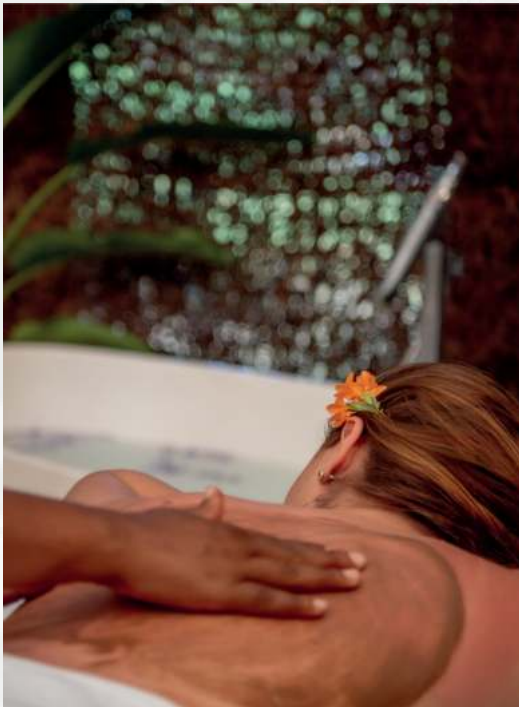
4 hands massage Synchronized and harmonizing massage with the use of mint to release the flow of energy, tension; restoring balance to the body.

### PURIFYING PALM MASSAGE 40 mins.

Feet exfoliation with coconut accompanied by a reflexology massage.

### TROPICAL MEMORIES 50 mins.

Menthol-based exfoliation massage for tired legs, ideal to eliminate fatigue and heaviness.



## Massages

### CRANIOFACIAL MASSAGE & FOOT REFLEXOLOGY 90 mins.

Massage focused on shoulders, neck, skull and face followed by foot reflexology focused on reflex points on the soles of the feet.

### SAMANA STONES 60 & 90 mins.

Treatment using different stones from the Samaná Rivers at different temperatures.

### SUBLIME CARESS 60 mins.

Choice of massage or body wrap with mixture of botanical and sea ingredients ideal for sun exposed skin. A 30-minute massage will be incorporated for head and feet.

### POETRY OF THE SEA 60 mins.

Couple's massage with a combination of natural aromas and nutritious oils of orange, mandarin, sesame and soy. Finish with a purifying ritual for your feet.

### PRENATAL MASSAGE 60 mins.

Designed for the well-being of the mother and baby by using specialized and exclusive technique aimed at legs, back and face, to provide relief and rest to the whole body. Recommended after the first trimester.

### GERIATRIC MASSAGE 50 mins.

A manipulation technique specific for the needs of the elderly, its function is to massage the soft tissues, improve blood circulation and movements, provide relaxation and a feeling of rest.

### PHYSIOTHERAPY 80 mins.

Prevent, maintain and recover the functionality of the body. Benefit from the treatment of pain or existing pathologies and preventive action of injuries.



# Beauty Treatments

## FACIALS

- Sea Lullaby 50 mins.
- Manly Facial 50 mins.
- Spheres Facial 60 mins.
- Luxury Facial 80 mins.

## MANICURE & PEDICURE

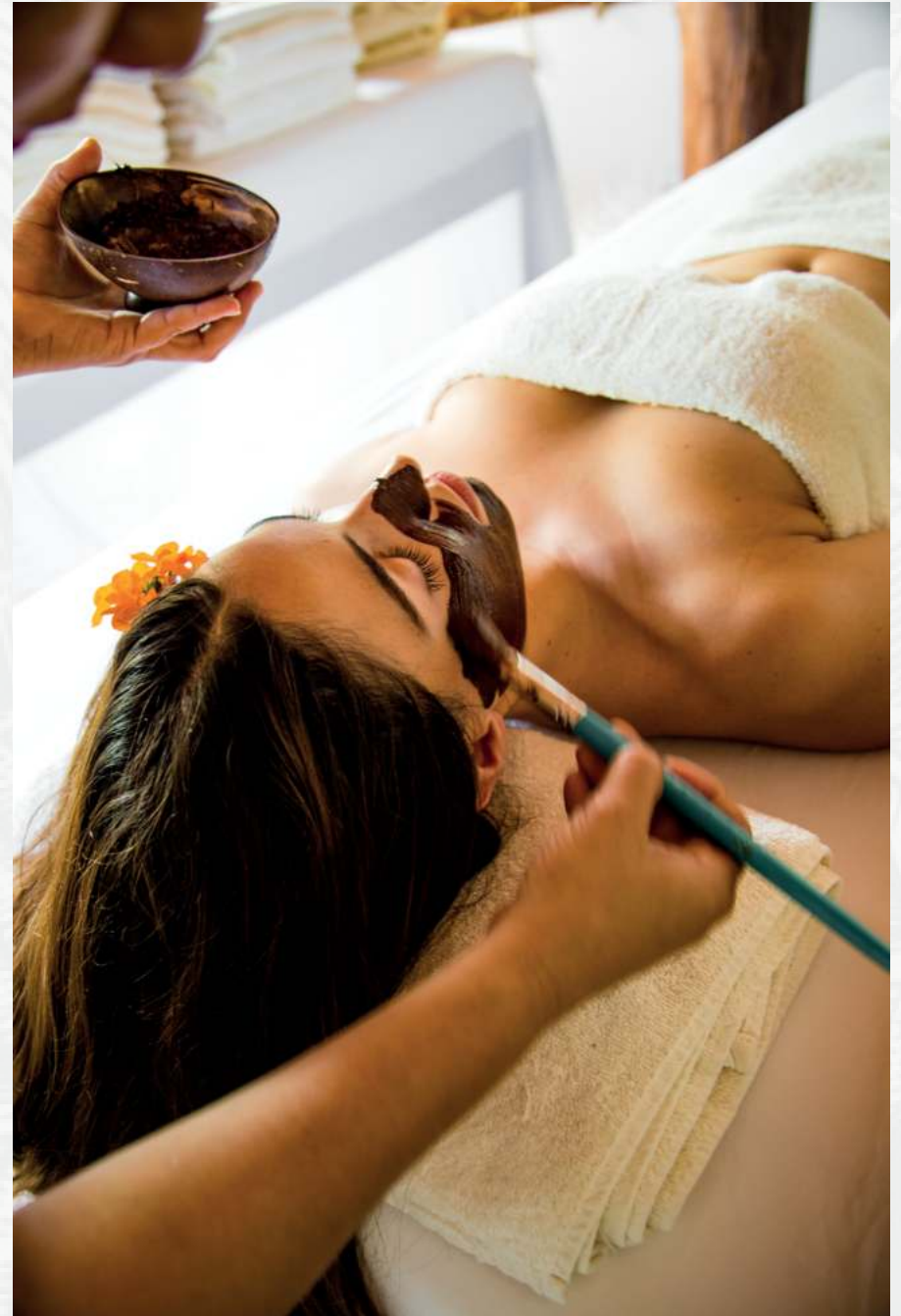
- Reflexology massage included with traditional mani and pedi.
- Pedicure 50 mins / Manicure 30 mins / Both 80 mins
- Polish French manicure and pedicure
- Nail polish change
- Gel Nails

## HAIRSTYLING

- Wash and Dry
- Additional Waves
- Short or Extension Braids
- \*BRIDAL (at Spa or Room)
- Bride's Makeup
- Bride's Hair
- Bridesmaid Hair

## HAIR REMOVAL

- Eyebrows, Upper Lip, Chin
- Arms
- Back
- Chest
- Under Arm
- Bikini
- Full Leg
- Half Leg



# Coconut Whispers Spa Price List

MASSAGES	PRICE
Deep Blue or Holistic	
30 minutes	\$ 60
50 minutes	\$ 100
80 minutes	\$ 130
Energizing Blue Sea	
60 minutes	\$ 170
80 minutes	\$ 210
Purifying Palm	\$ 60
Tropical Memories	\$ 90
Craniofacial & Reflexology	\$ 160
Samaná Stones	
60 minutes	\$ 130
90 minutes	\$ 165
Sublime Caress	\$ 100
Poetry of the Sea (2 pax)	\$ 250
Prenatal Massage	\$ 110
Geriatric Massage	\$ 120
Physiotherapy	\$ 160

SPECIAL RITUALS	PRICE
Mangrove's Dew	\$ 175
Coconut Whispers	\$ 150
Hide and Seek	\$ 140
Taino Bath	\$ 120

FACIALS	PRICE
Sea Lullaby	\$ 100
Manly Facial	\$ 100
Spheres Facial	\$ 110
Luxury Facial	\$ 130

MANI & PEDI	PRICE
Manicure	\$ 50
Pedicure	\$ 60
Both	\$ 90
Polish French Mani	\$ 20
Polish French Pedi	\$ 25
Nail Polish Change	\$ 30
Gel Nails	\$ 60
Upgrades	\$ 25

HAIR REMOVAL	PRICE
Eyebrows, lip, chin	\$ 35
Under arm	\$ 45
Arms	\$ 55
Back	\$ 70
Chest	\$ 60
Bikini	\$ 50
Half Leg	\$ 45
Full Leg	\$ 80

HAIR & MAKEUP	PRICE
Wash and Dry	
Short	\$ 50
Medium	\$ 55
Long	\$ 70
Additional waves	\$ 40/50
Short Braids	\$ 100
Extension Braids	\$ 180
Bride's Makeup	\$ 150
Bride's Hair	\$ 120
Bridesmaid Hair	\$ 80

PRICES ARE IN USD AND PLUS 18% TAX. TIPS FOR OUR STAFF ARE APPRECIATED.

# Spa Etiquette & Policies

**HOURS:** Indulge in a relaxing experience at either Spa location from 9:00 A.M. to 8:00 P.M.

**RESERVATIONS:** For any inquiries or spa reservations please contact us by calling (809) 240-5050 or e-mailing [SpaSublime@vivaresorts.com](mailto:SpaSublime@vivaresorts.com). We recommend you book your appointment in advance to insure your preferred treatment at your desired time.

**PRIOR TO ARRIVAL:** Please read carefully your reservation confirmation and complete the Spa Consent Form in detail. To take full advantage of the treatments we recommend not eating or drinking alcoholic beverages 2 hours prior to your appointment.

**ARRIVAL:** As a courtesy to other guests and to ensure you get the best spa experience, we suggest you arrive a little early to your treatment, so you can relax prior and avoid taking time away from your actual treatment.

**TEMAZCAL (VAPOR HOUSE):** This treatment must be scheduled at least 4 hours in advance as the stones require preparation. Please bring your swimsuit for this treatment.

**PLUNGE POOL:** We recommend you bring your swimsuit to enjoy the pool.

**CANCELLATIONS:** If you need to change or cancel your appointment, we suggest doing it 24 hours in advance to avoid any penalties. Up to 3 hours prior to your scheduled appointment a 50% cancellation penalty will apply; if you do not show up to the treatment, the full amount you will be charged to your room.

**ETIQUETTE:** Please follow social distancing norms when not in your treatment room. To have a more pleasant experience we suggest you leave your cell phone and other valuables in your room to remove any sources of distraction. If you enjoy your treatment, you can leave a tip with the therapist at your discretion.

**CONTACT:** For appointments and further information, hotel guests may call Spa extension at 8200 (V Samana) or 78200 (Sublime). Alternatively, you may ask Concierge for assistance at (809) 240-5050 or e-mail to: [SpaSublime@vivaresorts.com](mailto:SpaSublime@vivaresorts.com)